



Gear Talk - Turning Tips

Now that everyone's rigs are tuned to perfection it's time to hone those turning skills. Jibing and Tacking are the core turning skills we all need to continually practice. The flat water days at Secos are a perfect time to put yourself through the paces. I suggest short reaches so you can get more turns in. Below are some links to help you along. If you're having trouble on the turns, grab another sailor for help in watching you and offering advice. Planing jibes and tacks can lead to more advanced turns like duck jibes and heli-tacks so practice up and have some fun out there.

Jibe Video on YouTube
Intuition Gybing & Core Skills

<http://www.youtube.com/watch?v=QlgogHJpAug>

The Carve Gybe: Part 1-The Entry
Boardseeker Mag - Technique

http://www.boardseekermag.com/technique/intermediate/carve_gybe/carve-gybe-part-1.html

The Carve Gybe: Part 2-Mid Gybe
Boardseeker Mag - Technique

http://www.boardseekermag.com/technique/intermediate/carve_gybe/carve-gybe-part-2.html

The Carve Gybe: Part 3-Gybe Exit
Boardseeker Mag - Technique

http://www.boardseekermag.com/technique/intermediate/carve_gybe/carve-gybe-part-3.html

Jibes

Royn Bartholdi - Gorge

http://www.roynbartholdi.com/ws_move_jibes.htm

Tacks

Royn Bartholdi - Gorge

http://www.roynbartholdi.com/ws_move_tacks.htm

The Short Board Tack
Boardseeker Mag - Technique

http://www.boardseekermag.com/technique/intermediate/short_board_tack/tack-shortboard.html